

# SCI Resource Centre

## Getting to Know Your Chair

Tuesday, Sept. 8 @ 3:00 pm

**Which vendor should I choose...What questions should I ask ?**



**How do I know which chair is right for me, a manual or power chair?**

**What are my options for accessories?**

**Learn the answers to these questions and more during: **Getting to Know Your Chair**.** Discussion topics include, how to choose a chair, differences in chairs, manual versus power chairs, mobility in a chair, and working with a vendor.

The interactive session will be presented by **Rich VanderWal, Educator, Motion Specialties** and **Andre Gauthier, Occupational Therapist, Toronto Rehab**. Participants will:

- Increase their awareness of the various options and accessories when considering equipment for their environment
- Learn the importance of setup of a wheelchair to improve function
- Gain an understanding of the vendor's role when considering equipment

An opportunity for questions & answers will also be available.

**Rich VanderWal** lives by one word - **ADAPT**. He understands how the right equipment can make a positive difference in one's life. As a T4 paraplegic of 17 years, he speaks



from his experience as a Recreation Therapist and business owner of **NEUROCORE**, an educator with Motion Specialties.

In addition, Rich is also a world

traveller, and sports enthusiast rising to a world championship level with competition in over seven sports and participation in many more.

### RSVP Today!

**Date: Tuesday Sept. 8**

**Time: 3:00 - 4:30 pm**

**Location: GYM, Lyndhurst Ctr.  
520 Sutherland Dr., Toronto**

**RSVP to:**

**Elizabeth at 416-422-5644  
ext. 254 or **By email:****

**Elizabeth.cabral@cpaont.org**

**In person: SCI Resource Ctr.**